



# Your Skin Care Routine CAN MAKE A BIG DIFFERENCE

A proper skin care routine can help your skin stay healthy and feel fresh. These 4 steps are a good start—ask your dermatology professional to recommend products for you and fill them in below to build your routine. If you have other products you want to use, like serums, masks, or exfoliants, your dermatology professional can help ensure your routine is appropriate for you.

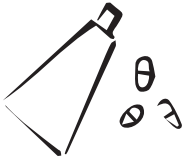


**1. Cleanser.** This will remove dirt, oil, and makeup.

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**2. Prescription and over-the-counter treatments.** Many treatments can't penetrate through other products so it's important to use them in the correct order. Follow instructions from your dermatology professional.

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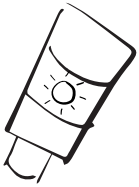
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**3. Moisturizer.** Keep your skin hydrated, especially after certain prescription treatments.

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**4. Sunscreen.** Use in the morning to protect the skin from sun damage. Be sure to reapply throughout the day.

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**Product**

**When to Use**

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